| Age Group                                      | 3rd Grade                             | 4th Grade                          | 5th Grade                                    | 6th Grade                | 7th Grade                | 8th Grade                |
|--|---------------------------------------|------------------------------------|--|--------------------------|--------------------------|--------------------------|
| Coaching Goals                                 |                                       |                                    |  |                          |                          |                          |
| Having Fun                                     | X                                     | X                                  | Х  | х                        | Х                        | X                        |
| Learning Fundamentals                          | X                                     | X                                  | X  | X                        | X                        | X                        |
| Metal Toughness                                | X                                     | X                                  | X  | X                        | X                        | X                        |
| Learning to Compete                            | X                                     | X                                  | X  | X                        | X                        | X                        |
| Playing Hard Relentless                        | X                                     | X                                  | X  | X                        | X                        | X                        |
|  |                                       |                                    |  |                          |                          |                          |
| Basketball Principles & Stratgey Goals         |                                       |                                    |  |                          |                          |                          |
| Game Objectives and Stratgey                   |                                       |                                    |  |                          |                          |                          |
| Ball Handling                                  | X                                     | X                                  | X  | X                        | X                        | X                        |
| Players having a diverse skill set             | X                                     | X                                  | X  | X                        | X                        | X                        |
| Defensive Man to Man Principles                | X                                     | X                                  | X  | X                        | X                        | X                        |
| Offense- Uptempo fast pace opportunity offense | X                                     | X                                  | X  | X                        | X                        | X                        |
| Pushing the Ball (Easy Buckets and Hard Work)  | X                                     | X                                  | X  | X                        | X                        | X                        |
| r ashing the ban (Easy Backets and Hara Work)  |                                       |                                    | ^  | ~                        | ^                        |                          |
|  |                                       |                                    |  |                          |                          |                          |
| Offensive (Concepts)                           | Catch Triple Threat (Eyes Up Head Up) | Layups up both hands w/ Pressure   | Dribble/Layups Both Hands                    |                          |                          |                          |
|  | Dribble both Hands                    | Change Pace (Dribble)              | Big Men- 2 Move (Both Shoulders)             |                          |                          |                          |
|  | Passing with Both Hands               | Jump Stop & Shot                   | Jump Shot                                    |                          |                          |                          |
|  | Eliminate Rainbow Pass/ Lob Pass      | One Hand Shooting                  | samp snot                                    |                          |                          |                          |
|  | One Hand Shooting                     | One Hand Shooting                  |  |                          |                          |                          |
|  | One Hand Shooting                     |                                    |  |                          |                          |                          |
|  |                                       |                                    |  |                          |                          |                          |
| Offensive Movements                            | On Ball Screening                     | On Ball Screens                    | Ft Line, Offensive Sets                      | Press Breaks             | Press Breaks             | Press Breaks             |
|  | Give and Go Action                    | Off Ball Screen                    | Motion Offense Concept                       | Motion Offense Concept   | Motion Offense Concept   | Motion Offense Concept   |
|  | dive and do Action                    | Start Motion Offense Principles    | Wiotion Offense Concept                      | Indivudual Plays or Sets | Indivudual Plays or Sets | Indivudual Plays or Sets |
| SLOOB  | Basic Box Set (2-3)                   | Start Wotion Oriense i inicipies   |  | Zone Offense             | Zone Offense             | Zone Offense             |
| BLOOB  | Isolation Play Lower Block            | Isolation Play Lower Block         | Isolation Play Lower Block                   | Zone Oriense             | Zone onense              | Zone onense              |
| БЕООВ  | ISOlation Flay Lower Block            | isolation i lay cower block        | ISOlation Flay Lower Block                   |                          |                          |                          |
|  |                                       |                                    |  |                          |                          |                          |
| Defense (Concepts)                             | Effort and Intensity                  | Effort and Intensity               | Effort and Intensity                         | Effort and Intensity     | Effort and Intensity     | Effort and Intensity     |
|  | Finding your Man (Matching Up)        | Shell Drill (Help Side D)          | Shell-Build, on the line up the line, 2 away | Shell Drill              | Shell Drill              | Shell Drill              |
|  | Hand Placement- Follow Ball           | Boxing Out- Finding Man to Box Out | Half Court Traps                             | Half Court Traps         | Half Court Traps         | Half Court Traps         |
|  | Stay Between Man Basket               | Rebounding                         | Pressing Full Court                          | Taking Charges           | Taking Charges           | Taking Charges           |
|  | Hand up Don't Stand Up                |                                    | Rebounding                                   | Traping                  | Traping                  | Traping                  |
|  | Switching Screens                     |                                    |  | Pressing Full Court      | Pressing Full Court      | Pressing Full Court      |
|  | Closeout                              |                                    |  | Rebounding               | Rebounding               | Rebounding               |

Notes